



WELCOME / *e*ROESO

We no longer serve any alcoholic beverages at our restaurant, however customers may bring their own alcohol (excluding any spirits)

****Soft drinks must be purchased in the restaurant****

Please note: Some meals may contain nuts. If you have any food allergies, please let us know. We will be happy to advise you. Although great care is taken to remove all bones and shells, some may remain.

**GLUTEN FREE & VEGAN OPTIONS AVAILABLE UPON REQUEST
(Please ask staff for more information)**

Last order:

**Monday – Saturday (10:00pm)
Sunday (9:00pm)**

Sunday Buffet:

**All you can eat buffet available from 12 noon till 8pm
Adult £11.50 / Children £7.50 (Up to age 12) / Below 6 Yrs. (FREE)**

Head Chef – J.R.Khan

POPADOMS

Plain Popadom - £1.00 | Masala Popadom - £1.00 | Chutney Tray - £3.00

STARTERS

Garlic Mushrooms (V) - £3.95

Mushrooms stir-fried with fresh garlic and olive oil

Salmon Tikka - £6.95

Fillet of Salmon lightly spiced and grilled gently over the tandoor oven

Paneer Tikka (V) - £5.95

Paneer Cheese marinated in tikka spices then slow cooked in the tandoor oven

Chicken or Fangash Fish Pakora - £5.50. / £5.45

Strips of chicken/fangash battered in gram flour and then deep fried

Tandoori Mixed Starter - £5.95

Assorted pieces of chicken tikka, lamb tikka and sheek kebab

Chicken or Lamb Tikka - £5.50 / £6.10

Marinated pieces of chicken/lamb grilled in the tandoor oven

Sheek Kebab - £5.95

Marinated minced beef with herbs and spices shaped into small sausages

Chicken or Beef Puri - £6.50

Chicken/Beef stir-fried and served on a soft, puffed puri bread

Prawn Puri - £6.55

Small sea prawn stir-fried and served on a soft, puffed puri bread

Prawn Cocktail - £4.60

Juicy prawns mixed in a house cocktail sauce and served on a bed of lettuce

Chicken or Beef Chat - £6.10

Thin slices of chicken/beef and cucumber prepared in a chat masala sauce

Meat or Vegetable Samosa (V) - £4.95

Mixed vegetable or meat with herbs wrapped with light pastry and crispy fried

Onion Bhaji (V) - £4.60

Finely chopped onions, coriander and fenugreek leaves with assorted herbs and spices, deep fried until golden

Cinnamon Special Starter (Ideal for 2 to share) - £9.75

Our special starter comprises a range of different and delicious appetisers including chicken tikka, sheek kebab, onion bhaji and meat samosa served with salad and mint sauce

CINNAMON KITCHEN SPECIALS

Chicken Tikka or Beef Masala - 9.50

A mild dish of tender cubes of chicken tikka or beef marinated in a blend of spices with coconut and cream - a mild and creamy dish

Chicken or Beef Pasanda - 10.10/ 10.45

Tenderised in yoghurt, crushed coriander seeds, peppercorns, and garam masala, then cooked in the creamy pasanda sauce

Murgh Makhani - £9.50

Chicken cooked in a mild sweet mango sauce including cream

Murgh Scardu - £11.95

Marinated mildly spiced chicken, cooked with minced beef and served with pilau rice and naan bread

Rajasthani Chilli Chicken - £10.10

Barbecued pieces of chicken cooked in a garlic and tomato based sauce with crushed red chillies and mustard. The flavour of Rajasthan

Karahi Murgh or Gosht - £9.75 / £10.10

Chicken or Beef cooked in a deep pan with peppers, tomatoes, garlic and Punjabi spices, served in a Karahi dish

King Prawn Karahi £17.95

Garlic Chicken - £10.10

Cooked with plenty of garlic and a mix of masala spices. This dish is for the garlic lovers

Garlic Chilli Chicken – £10.10

As above but cooked with plenty of fresh green chillies

Goa Chicken - £10.10

Diced chicken cooked with coconut and mixed spices in a hot sauce

Punjabi Butter Chicken - £10.10

Cooked in a rich sauce of butter and cream. A soft and mild dish

Chicken Sri Lanka - £10.10

Cooked with fresh green chillies, peppers, tomatoes and cumin seeds in a hot and spicy sauce

Sweet Chilli Chicken or Beef - £9.65 / £10.10

Cooked in a homemade sweet chilli sauce

Chicken or Beef Saagwala - £10.10

Cooked in a bhuna style sauce with fresh spinach and paneer cheese

CHEF'S RECOMMENDATION

Chicken or Beef Jalfraizi - £9.50 / £9.95

Cooked with freshly ground spices in a fairly hot sauce. Garnished with green chilli, ginger and coriander

Chef's Mix Special - £10.25

A mixture of Chicken, Beef, Prawn and Spinach cooked in a bhuna style sauce

Kochi Murgh or Gosht - £9.95

Chicken or Beef cooked in a spiced sauce of chopped garlic, ginger and finished with fried onion decoration

Shashlik Pathia (Sizzling Dish) - £10.45

Strips of chicken marinated in our own special house sauce and cooked in a pan with sweet and sour spices and served in a hot sizzling skillet

Mint Gosht - £9.95

An exotic beef dish, slow cooked in a spiced sauce with fresh mint

Khanz Khazana (Chicken or Beef) - £11.50

Our Chef's very own dish. Medium spiced in a blend of different in-house spices and cooked in aubergine. ***A DISH YOU WILL NOT FIND ANYWHERE ELSE!***

Vegetable Khanz Khazana (V) - £8.95

A mix of various home cooked vegetables including aubergine, cooked in a masala spiced sauce

Tilapia Bhuna - £10.95

Indian fish grilled in the tandoor oven and cooked in various house spices

Jal Jala Chicken or Beef (Spicy) - £9.70 / £9.95

Cooked in garlic, ginger and peppers topped with fried onions and fresh green chillies

Naga Chicken or Beef (Spicy) - £10.10

One for the spice lovers, cooked in a hot Naga Chilli Sauce

Beef Khalia (Spicy) - £9.95

Fresh garlic, ginger, pepper, red chilli sauce and coriander slow-cooked in a pan to create a hot & tasty dish. Served on a sizzling skillet

Keema Murgh - £10.10

Chicken cooked with minced beef and moderate spices, a choice of medium to hot

Chicken or Beef Chilli Masala - £10.45

Seasoned with tamarind, cooked with tomatoes and topped with fresh green chillies

Cinnamon Sizzler (Hot) - £10.45

Tender pieces of Chicken OR Beef, cooked with English mustard, served in a sizzling dish – for the hot lovers!

BALTI DISHES

A Balti is a type of dish round in shape with handles in which the food is prepared and served. The curry differs from normal curries because of the exotic collection of fresh spices and herbs which are used to create a richer and distinctive flavour. All Balti dishes are freshly made with a medium-hot spice and served with a plain Naan Bread.

- Chicken - £10.45
- Beef - £10.85
- Chicken Tikka - £10.95
- Vegetable (V) - £8.95
- Prawn - £9.95
- King Prawn Balti - £17.50
- Add Mushroom or Saag – £1.00

TANDOORI SPECIALITIES

These dishes are spiced and cooked over charcoal in a flaming tandoor oven that retains all the juices and taste inside and is considered very healthy. A tandoor is a cylindrical earthen oven in which food is cooked over a hot charcoal fire.

Tandoori Chicken (Half) - £9.75 | Tandoori Chicken (Full) - £17.45

Chicken Breast and Leg on the bone marinated in tandoori masala, garlic, ginger, cumin, lemon and other spices and cooked at a high temperature in the tandoor. Served in a sizzling skillet, accompanied with mint sauce and salad

Chicken or Lamb Tikka - £9.50

Tender and boneless pieces of chicken or lamb marinated in light spices and yoghurt, skewered and grilled over charcoal in the tandoor. Served with salad and mint sauce

Paneer Tikka (V) - £9.95

Indian cheese marinated in spices then slow cooked in the tandoor and served with curry sauce

Salmon Tikka - £12.50

Two fillets of salmon marinated in tikka spice and then grilled over the tandoor oven accompanied with salad and mint sauce

Sheek Kebab - £9.25

Spiced minced beef, seasoned with lemon juice, mint, coriander and onion, shaped into small sausages on a skewer and chargrilled in the tandoor. Served with a side salad and mint sauce

Tandoori Mixed Grill - £13.00

A selection of tandoori chicken, sheek kebab, chicken tikka and lamb tikka accompanied with a side salad, plain naan bread and a curry sauce

Chicken Shashlik - £12.00 | King Prawn Shashlik - £17.95

Chicken/King Prawn barbecued on a skewer with tomatoes, peppers and onions. Served with your choice of a curry sauce

Cinnamon Special Grill - £14.95

Chicken Tikka, Lamb Tikka, Sheek Kebab, Paneer Tikka and King Prawn accompanied with a side salad and a curry sauce. The Ultimate Tandoori dish!

BIRYANI DISHES

A well-known Indian Dish cooked with rice and various spices and layered with the choices below. All Biryani dishes are complemented with a separate vegetable curry sauce.

- Chicken Biryani - £9.75
- Beef Biryani - £10.00
- Chicken Tikka Biryani - £10.45
- Vegetable Biryani (V) - £8.45
- Prawn Biryani - £9.25
- Special Mixed Biryani - £10.95 (Chicken, Beef and Prawn)

TRADITIONAL INDIAN DISHES

- Chicken - £8.45
- Beef - £8.75
- Chicken Tikka - £8.95
- Vegetable (V) - £7.50
- Prawn - £8.45
- King Prawn - £16.95

Bhuna – Medium

With fresh herbs, spices, onions, capsicum, and tomatoes

Curry - Mild to Medium

Tender pieces in a golden-brown gravy sauce

Korma - Very Mild and Sweet

Creamy texture and rich flavour, cooked with creamed coconut and fresh cream

Madras - Fairly Hot

Tomato and lemon juice with a certain amount of chillies

Vindaloo - Very Hot

With chunks of potato in a very hot sauce

Dhansak - Slightly Hot

Cooked with lentils in a sweet and sour, thickened and creamy sauce

Dupiaza - Medium

Chopped onions and green peppers in a thick spicy sauce

Pathia - Medium

Cooked in a spicy, sweet and sour sauce

Rogan Josh - Medium

Cooked with onions, capsicum, fresh spices and glazed with tomato

NON - INDIAN DISHES

**French Fried Chicken and Chips -
£7.50**

**Chicken Omelette and Chips - £6.95
Mushroom Omelette and Chips (V) -
£6.**

SIDE DISHES

- Main portions can be ordered at £8.50

Mushroom Bhaji - £4.95

Cauliflower Bhaji - £4.95

Saag Bhaji - £4.95
Spinach

Chana Masala - £4.95
Chickpeas

Saag Aloo - £4.95
Fresh spinach and potatoes

Bombay Aloo - £4.95
Spicy hot potatoes

Brinjal Bhaji - £4.95
Aubergine

Aloo Gobi - £4.95
Potatoes and Cauliflower

Tarka Dhal - £4.95
Lentils in Garlic

Saag Paneer - £4.95
Fresh spinach and paneer

Chips - £3.30

Spicy Chips - £3.45

Cucumber Raitha - £2.50

RICES

Keema Rice - £4.50
Rice cooked with lightly spiced minced
beef

Garlic Rice - £4.10
Rice stir fried with fresh garlic

Onion Fried Rice - £4.10
Rice stir fried with fresh onions

Pilau Rice - £3.95

Mushroom Fried Rice - £4.10
Rice stir fried with steamed
mushrooms

Boiled Rice - £3.50
Steamed, white basmati rice

Peas Pilau - £4.10
Rice cooked with fresh peas

Egg Fried Rice - £4.25
Rice stir fried with egg

Lemon Rice - £4.10
Rice stir fried with fresh lemon

Saag Rice - £4.25
Rice cooked with spinach

Coconut Rice - £4.25
Rice stir fried with sweet coconut

Special Fried Rice - £4.25
Stir fried with vegetables and egg

Vegetable Rice - £4.25
Stir fried with mixed vegetables

NAAN BREADS

- Leavened bread freshly baked over charcoal in the tandoor

Plain Naan - £3.10

Garlic Naan - £3.50

Keema Naan - £3.95

Stuffed with a thin layer of beef mince

Cheese and Onion Naan - £3.50

Peshwari Naan - £3.60

Stuffed with sweet marinated coconut

Tikka Naan - £3.50

Chicken tikka

Garlic and Onion Naan - £3.75

Chilli and Coriander Naan - £3.50

Tandoori Roti - £3.45

Paratha - £3.75

Indian thick pancake made from wheat flour

Stuffed Paratha - £4.10

Stuffed with vegetables

Chapati - £2.50

Dry wheat flour flat bread

SET MEALS

Set Meal for One: (£18.50)

Starters: Chicken Tikka

Mains: Chicken Bhuna

Sides: Bombay Aloo, Pilau Rice, Plain Naan Bread

Set Meal for Two: (£35.00)

Starters: Onion Bhaji, Chicken Tikka

Mains: Chicken Tikka Masala, Beef Bhuna

Sides: Bombay Aloo, 2 Pilau Rice, Plain Naan Bread

CHILDREN'S MEALS

Includes one free small glass of soft drink (Coke, Diet Coke, Lemonade, Juice, or Squash) **Excludes bottled soft drinks.** Children must be below 13 years of age.

Chicken Nuggets and Chips - £5.65

Fish Fingers and Chips - £5.55

Chicken Tikka Pieces, Chips and Salad - £6.65

Chicken Korma, Chips and Rice - £6.65

Chicken Tikka Masala, Chips and Rice - £6.65

Beans and Chips (V) - £4.50

